

# Cybersecurity Practices for Everyday Employees



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## Course Description

This course teaches staff the practical habits that prevent the most common breaches: strong sign-in practices, spotting and reporting phishing, keeping devices and software up to date, using secure networks and file-sharing, and protecting data with backups and recovery plans. The focus is on simple, repeatable actions employees can apply immediately to reduce risk across email, web, and mobile. Good cyber hygiene improves security posture, reduces downtime, and limits financial and reputational damage when incidents occur.

### Learning Tracks

Digital Transformation

Cybersecurity

Business Operations

Compliance

Remote Work

General



## Why This Course Matters

- Most incidents start with everyday mistakes, correcting these habits delivers outsized risk reduction.
- Clear, job-relevant practices help non-technical staff share responsibility for security and keep sensitive data safe.
- A shared reporting culture shortens incident response time and limits impact when something does go wrong.

## Who Should Attend

Register Now



Relevant for  
all staff

# COURSE SYLLABUS

## Course Overview

Build everyday security habits that protect company accounts, devices, and data.

## Syllabus

1. Strong Passwords & Passphrases
2. Multi-Factor Authentication (MFA) Essentials
3. Phishing & Social Engineering
4. Safe Browsing & Links
5. Email Hygiene Basics
6. Device & Software Hygiene
7. Data Handling & File Sharing
8. Access & Permissions
9. Backups & Account Recovery
10. Reporting & Response Basics

## What You'll Learn

- 1 Requirements discovery and caller journey mapping
- 2 AI and automation layers
- 3 Advanced call routing & IVR strategies
- 4 Queue and ring-strategy design
- 5 Visual flow documentation

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